

University of Pretoria Yearbook 2019

Exercise and training principles 151 (JXE 151)

Qualification Undergraduate

Faculty [Faculty of Education](#)

Module credits 8.00

Programmes [Higher Certificate Sport Science Education](#)

Prerequisites No prerequisites.

Contact time Online hybrid supported, Sport code dependent

Language of tuition Module is presented in English

Department Humanities Education

Period of presentation Quarter 1 or 2 or 3 or 4

Module content

This module is about coaching and adjudication. The student must obtain a Level 1 Sport Coaching, and Refereeing Certificate, in the sport of choice. The student must obtain a conditioning programme as well as a grounds man practical achievement.

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